



# Why wear a cloth face covering?

## Help prevent the spread of COVID-19

Covering your nose and mouth can slow the spread of COVID-19:

- Individuals can be contagious before the onset of symptoms.
- Using a face covering protects others from your respiratory droplets.



**Acceptable cloth face coverings** include bandanas, neck gaiters, scarves, tightly woven fabric such as cotton t-shirts and some types of towels, and some other homemade cloth face coverings.



Bandana



Neck Gaiter



Scarf



T-Shirt



Some towels



**Wear a cloth face covering** when you are in public or private spaces and in contact with people that are not part of your household or living unit.

### Who is exempt from wearing a cloth face covering?

- Children under the age of 2
- Children between the age of 2-8 should use a cloth face covering with adult supervision
- Those instructed not to use one by a medical provider
- Those with breathing difficulties
- Those who are incapacitated or unconscious
- Anyone who cannot wear or remove a cloth face covering without assistance

